

EMO WINTER SAFETY TIPS

Thode EMO Needs 3 More Block Captains

We need **3 additional** Block Captains.

The role of the block captain is to:

- Contact everyone in their block during an emergency;
- Keep track of those you notify.

Training is provided for Block Captains.

This role is very important in our village and does not take up much time. Please consider volunteering as an EMO block captain today.

To volunteer, contact Bev Johnson by phone at 306-230-5010 or by email at bevjohnson@kpmg.ca.

*Stay warm and safe
and enjoy your winter,
inside and out!*

Check your family emergency kit

You likely have some basic emergency kit items already in your home, such as a flashlight, battery-operated radio, food, water and blankets. The key is to make sure they are organized and easy to find and carry (in a suitcase with wheels or in a backpack) in case you need to evacuate your home.

Keep an emergency kit in your vehicle

Prepare an emergency kit and keep it in your vehicle. Refresh the supplies for winter. For example, add an extra blanket or new food items.

Don't Drink and Drive

- **Choose a designated driver.** Decide who's going to be doing the driving before you go out, and make sure that person doesn't drink any alcoholic beverages.
- **Call for a ride.** Sometimes even the designated driver slips. If nobody in your group is sober, take alternate transportation.
- **Hide keys.** Don't be afraid to take someone's car keys.

Check weather reports

When severe winter weather threatens, Environment Canada issues special alerts to notify Canadians in affected areas so that they can take steps to protect themselves and their property.

Be fire smart

Winter is a busy season for fires in Canada. That's why it's important to be mindful of fire prevention and safety. Make sure you have working smoke alarms, don't leave burning candles unattended and if a pot catches fire while cooking, put a lid on it.

Stay safe while having fun

Wear a helmet when skiing, skating, snowboarding and snowmobiling. Dress in layers to avoid hypothermia and keep your head, ears and hands covered to prevent frostbite.